



# CHOSEN

YOUR JOURNEY TOWARD CONFIRMATION

“What does the Holy Spirit do for me?”

This lesson is about discerning the Gifts for the Holy Spirit (CCC 1830). There are seven gifts listed in Isaiah 11, as well as *charismatic* gifts, but the charism of evangelization is the Baptismal call of all. These gifts given to us in Baptism are strengthened through Confirmation, but we must be open to receiving and utilizing them.

Conversation Starters:

- ✓ What is complacency and how is that the opposite of the Holy Spirit?
- ✓ What does the Holy Spirit do?
- ✓ How have you seen or experienced the gifts of the Holy Spirit in your life?

“Why have I been *Chosen?*”

This lesson is about preparing students to receive the Sacrament of Confirmation. Confirmation is not an escape from religion, but a call to engage the world with the Truth. In order to deepen and complete the graces received in baptism, candidates are urged to prepare seriously for this Rite.

Conversation Starters:

- ✓ How do you feel about being anointed?
- ✓ Do you understand the Confirmation liturgy?
- ✓ In what areas do you think you still need to grow so your Confirmation will “mean something?”

“Why do I have to go to mass?”

This lesson is about giving the teens a better understanding of the beauty of mass and why it is a necessary part of our lives. This celebration has been practiced since the second century (CCC 1345) and has been a moral obligation combining the Liturgy of the Word and the Liturgy of the Eucharist to form a “single act of worship” (CCC 1346). The Mass is the source and summit of our faith so we can continue to grow after Confirmation.

Conversation Starters:

- ✓ Do you think it is important to go to mass every week?
- ✓ Do you think we sometimes “miss” the whole point of mass?
- ✓ What do you think of people saying they don’t get anything “out of” mass? Why is that offensive to God?
- ✓ What does Jesus expect from us, in giving us the Eucharist?
- ✓ What does it mean that we are invited to “full conscious and active” participation?
- ✓ Why do you think people leave the church, if the Eucharist is here?

Parent’s Prayer: Lord Jesus, sometimes my heart is restless, and I am distracted by worldly desires and cares. When I pursue things that are contrary to your will for my life, I feel unsatisfied. I am restless because I have not turned to you wholeheartedly. Help me to know that you are the source and fulfillment of my desires and the healer of my brokenness. Empower me, Jesus, to be a living witness to you, especially with my child, during this important phase on the journey toward the Sacrament of Confirmation. May my heart, being more fully united with you, be a beacon of your love to all the people in my life. Amen.