



CHOOSEN

YOUR JOURNEY TOWARD CONFIRMATION

“Why wait?”

This lesson is about presenting chastity as the path to authentic love and to introduce companions to Theology of the Body covered in sophomore year discipleship curriculum. We want to show how the personal expressions of authentic love mirror the love of the Blessed Trinity.

Conversation Starters:

- ✓ How is choosing to wait until marriage to have sex the best possible way to say “I love you”?
- ✓ What are some practical ways to live chastely in

“How do I build the kingdom?”

This lesson is about spreading the kingdom of God. This is a mandatory part of the Christian life, not just for religious leaders, but for all believers. To follow Jesus is to show concern and care for all, especially the poor and marginalized who are in most in need of love and care. Through tiny acts of generosity and compassion, the Church has reached to the farthest corners of the world. Through the Sacrament of Confirmation, each of us is equipped to go out and do this work in God’s name.

Conversation Starters:

- ✓ What are some good ways to say “yes” to God in how we live?
- ✓ What are some ways that your Catholic Faith would be obvious to someone observing you?

“Where do I go from here?”

This lesson is to conclude the program by offering a final call to discipleship as your son or daughter makes final preparations to receive the Sacrament of Confirmation.

Conversation Starters:

- ✓ What have you learned and gained from your time with your spiritual companion?
- ✓ Do you feel ready to be confirmed? How?
- ✓ Confirmation is not graduation from the Church. Like so many things in the world, we are often tempted to believe the exact opposite of what is True as a way to twist us away from the beauty of our faith. **Decide today to become a saint!**

- ✓ Confirmation is like wondrous dynamite – the cause of God’s will on earth. Think of the beauty you will initiate because of who God has created you to be!

Parent’s Prayer: Lord God, I love you and prefer nothing to you. Help me to radiate Christ’s light. In suffering, may I have the grace to glorify you. In prosperity, may I have the grace to choose simplicity and generosity. You are my heart’s desire, God, more than security. I need your help to step away from competition and strife. I have many blessings in my life but none so great as following you. You have worked wonders for me – I praise you and thank you for the gift of life, especially the humbling honor of raising Your children. May gratitude win over my business and fret. Help me to sit at your feet and forget everything but prayer. I hope to be as holy as you call me to be, God, but I hope more than anything that my children will know your love and power. Guide my family in our decisions, Jesus – may every small and significant choice bless your name and shine your will. God, I want nothing more than for my family to become saints. In the trials of this path to sainthood, may we focus on nothing but your face and the sweetness of your will. Especially when it is difficult, help us praise you in the desert or the storm. Draw my family close to you and knit us in unity to become saints together.