



# CHOSEN

YOUR JOURNEY TOWARD CONFIRMATION

“What does it mean to say ‘I do’?”

This lesson is about communicating the holiness and beauty of the Sacrament of Matrimony. The goal is to help the teens understand the importance of preparing for this sacrament - not as the world does - but according to God’s design.

Conversation Starters:

- ✓ What are some important things to think about before you go on a date with someone?
- ✓ What are some important ways to prepare yourself for marriage?

“Who’s calling?”

Do you have a solid understanding of the Sacrament of Holy Orders? Teens will learn a bit more about the process of discerning a vocation to the priesthood, religious life, married life or single life.

Conversation Starvers:

- ✓ When someone asks you about the priesthood, religious life, or celibacy, do you feel comfortable explaining these vocations?
- ✓ What does COMMITMENT have in common with RELATIONSHIP?
- ✓ What does it feel like to be committed to something? Does it always feel “good”?

“Are you talking to me?”

This lesson instills a hunger in the heart to get to know God through prayer. Our Catholic tradition has many different ways to approach God in prayer, including verbal prayer, meditation and contemplation (CCC 2700-2719). Through prayers of blessing and adoration, petition, intercession, thanksgiving, and praise, we experience God both through personal prayer and as people of God, especially in the liturgy (CCC 2626-2643)a

Conversation Starters:

- ✓ Do you trust God with your vocation? Do you feel like God is committed to you?
- ✓ How do your friends encourage you to make choices? When is a time you decided to do something because it felt good/was fun/promised to give you what you want, but you were disappointed?
- ✓ Do you ever feel like a disappointment to God? Are we ever disappointed by God?

Parent's Prayer: Lord, as we present our child for the sacrament of Confirmation, We are aware of accompanying him/her in a commitment which is already our own that we strive to live faithfully. With our child, we express our faith in God Father, Son, and Spirit, and in the Church. Lord, whatever the Spirit wishes to accomplish in our child, we willingly accept to do our part through the education we wish to give him and most importantly by being witnesses in our life of hope, compassion and strength in virtue. We beg you, Lord give our child the Spirit of truth, the Spirit that enlightens us and guides us on life's pathways; Give them the Spirit of strength, the Spirit that enables us to live according to our convictions; In spite of obstacles, in spite of trials; Give them the Spirit of love, the Spirit that makes us brothers and sisters serving the same mission, in your Church. Lord, we thank you for your great grace. You make your sacraments available to us, those luminous signs which reveal your love to us. It is through the sign of Confirmation that you tell us your Spirit is always among us, to help us respond to your expectations and to reveal to us the wisdom of your will. Holy Spirit, dwell in our hearts. Fill us with your light, your love, and your strength. Make us discover the joy of serving a God who loves us and wants us to be happy. Amen.