



# CHOSEN

YOUR JOURNEY TOWARD CONFIRMATION

“How do I know  
God is real?”

This lesson is about focusing on the ways in which God makes Himself known to us and how we should respond to His revelation. We examine the relationship between faith and reason, and how **both** of these bring us to a right understanding of Truth. We also highlight the profoundly intimate nature of faith, which is an act of surrender to the God who first gave Himself to us.

Conversation Starters:

- ✓ What are some reasons people have given you to not believe in God?
- ✓ What questions about the Bible do you have?
- ✓ What stops you from reading it more often?
- ✓ Do you think it is important to have the answers to all the questions of your faith before you are Confirmed?

“Who is Jesus?”

This lesson is about answering the fundamental questions about who Jesus was. The person, nature, and work of Christ. Christ is the model for how we live; he is the one who saves us from our sin and gives us hope of eternal life. Living in a post-Christian society, surrounded by dizzying panorama of “creeds” and worldviews, teens need to be challenged to remember the words of the Lord: “I am the way, and the truth, and the life; no one comes to the Father, but by me.” (John 4:16)

## Conversation Starters

- ✓ For most of your life, have you felt that Jesus was Liar, Lunatic or Lord? What about recently? Why?
- ✓ What words best describe the role Jesus plays in your life?
- ✓ How does that call you to pray, and live differently?

“Why be Catholic?”

This lesson is all about encountering Christ in the Liturgy of the Word and this Liturgy of the Eucharist, in the other sacraments, and through other people. The Church is called the “bride of Christ” and the “body of Christ” because Jesus loves us and wants to unite himself to us (CCC 789). While developing and maintaining a personal relationship with Christ is fundamental to our faith journey, we are reminded that to follow Christ is also to be in communion with others. It is something that cannot be done alone. It is in and through the Church, Christ’s body, that we find communion.

## Conversation Starters:

- ✓ Do you think it is important to have the answers to all the questions of your faith before you are Confirmed?
- ✓ Which teachings of the Catholic faith are difficult for you to understand?

**Parent’s Prayer:** Lord, as we present our child for the sacrament of Confirmation, We are aware of accompanying him/her in a commitment which is already our own that we strive to live faithfully. With our child, we express our faith in God Father, Son, and Spirit, and in the Church. Lord, whatever the Spirit wishes to accomplish in our child, we willingly accept to do our part through the education we wish to give him and most importantly by being witnesses in our life of hope, compassion and strength in virtue. We beg you, Lord give our child the Spirit of truth, the Spirit that enlightens us and guides us on life's pathways; Give them the Spirit of strength, the Spirit that enables us to live according to our convictions; In spite of obstacles, in spite of trials; Give them the Spirit of love, the Spirit that makes us brothers and sisters serving the same mission, in your Church. Lord, we thank you for your great grace. You make your sacraments available to us, those luminous signs which reveal your love to us. It is through the sign of Confirmation that you tell us your Spirit is always among us, to help us respond to your expectations and to reveal to us the wisdom of your will. Holy Spirit, dwell in our hearts. Fill us with your light, your love, and your strength. Make us discover the joy of serving a God who loves us and wants us to be happy. Amen.