



CHOSEN

YOUR JOURNEY TOWARD CONFIRMATION

“Why am I here?”

This lesson is about opening the doors to the Confirmation process and “the meaning of life.” The goal is to open the students’ hearts to the Holy Spirit and what God wants for them (simply to love them!)

Conversation Starters:

- ✓ What do you expect Confirmation to “do”?
- ✓ Who alone can “make you care” about your faith?

“What makes me happy?”

This lesson is about knowing that everything we as Christians need in this life can be fulfilled by God. Love, peace, happiness, security, and purpose are all qualities that we will receive when we live according to His will. Young men and women are generally drawn to worldly things to find happiness, but our Confirmation candidates are being encouraged to find their true identity and what it means to obtain authentic happiness.

Conversation Starters:

- ✓ Let’s say you achieve all of your goals you have for yourself, and find yourself still unhappy. What happens then? Have you ever experienced this?
- ✓ What is the relationship between our happiness and our circumstances?
- ✓ What keeps us from being happy and finding God?

“What’s your story, God?”

- ✓ What sort of things do people say, or what sort of things have happened, that have made you doubt God or discouraged you?
- ✓ What is a mystery of God that you feel tempted to solve?
- ✓ Are there people in your life you wish you could “save”?

This lesson is all about salvation history. This is the story of God’s plan of redeeming love told to us through the Scripture: the goodness of God’s creation, the entering of sin and evil into our world, His plan and the sacrifice of His Son, Jesus Christ.

Conversation Starters:

- ✓ What is love? Love is not a feeling. It is sometimes how you show respect and obedience when you have no reason to. Have you shown God that you love him, or just fear Him? When have you based your relationship with God on how you feel?
- ✓ With this definition, what does it mean to you when we tell you “God is love”?
- ✓ How would you describe the distance between you and God? If God is at the front of this room, where are you - hiding in the corner? Running to the front? Sitting in the middle row? Why?

Parent’s Prayer: Lord Jesus, sometimes my heart is restless, and I am distracted by worldly desires and cares. When I pursue things that are contrary to your will for my life, I feel unsatisfied. I am restless because I have not turned to you wholeheartedly. Help me to know that you are the source and fulfillment of my desires and the healer of my brokenness. Empower me, Jesus, to be a living witness to you, especially with my child, during this important phase on the journey toward the Sacrament of Confirmation. May my heart, being more fully united with you, be a beacon of your love to all the people in my life. Amen.