



SESSION SEVEN

How does the world benefit from you knowing your faith?

LESSON 19: WHO IS MARY?

- Review the 4 Marian Dogmas. Were there any you had never heard of?
- Just to review: Is the Immaculate Conception the conception of Mary (within St. Anne), or the Conception of Jesus (within Mary)? How do you explain this to people?
- If you could choose a saint as your personal tutor or Coach, who would you pick and why? What “skills” do you feel like you need to practice or focus on?
- Would you like to choose a saint for Confirmation? Why? Which of his or her qualities would you like to imitate? (If you are passionate about choosing a saint, you can choose a Confirmation name – however - we prefer to emphasize the name your parents gave you in Baptism.)
- How would you respond to someone who says that Jesus had brothers and that Mary was not a perpetual virgin?
- Describe your relationship with Mary. When and how do you ask her to pray for you?
- How can devotion to Mary and the saints help you develop and strengthen your relationship with God?
- What are some ways that you can begin now to develop a lifelong relationship with Mary and the saints?
- What does piety look like in a teenager? What would a teenager look like who was trying to become a saint?
- What obstacles stand in your way from sainthood? How are these opportunities for you to become holy?
- Are you living as if you are trying to become a saint?

LESSON 20 & 21: DO I HAVE WHAT IT TAKES?

- We might have an elementary “coloring book” understanding of the Beatitudes. The Beatitudes are quite countercultural. Though there is good all around us, we are called to be IN the world, not OF the world. What does this mean? What is the role of a Blessed, of a Saint in the Making, living in the world?
- What does it mean to be blessed and broken? Have you ever experienced brokenness as a blessing?
- Who is the poorest person you know – the person in your life who seems forgotten, or the most in need? How does this person approach the blessing of brokenness?
- Which Beatitude resonates most with you? Which one do you need to work on the most? What can you do to work on it?
- What does being holy have to do with being happy? How can living the Beatitudes make us happier and more peaceful?
- To be holy means to be “set apart.” Think of 2 different kinds of “holy” people you know. How do they help “baptize all nations”?
- “Beatitude” means blessed. The “beatific vision” comes from the same word – being in the presence and being with God.
- It has been said, “The pure in heart will see God – because only the pure of heart want to.” Have you ever had a time in your life where you did not want God to see you? What was happening?
- Name some things that are important in life that people do not pay enough attention to.
- What distracts or keeps us from paying attention to the important things in life?
- What is the difference between being a “big deal” in the world and being truly “great”?
- What can you do to focus more on the things that will matter forever?
- Fr. Jacques Phillipe recommends at least quarter of an hour of prayer each day with God.
 - What can you do to make sure you are spending 15 minutes in prayer each day?
 - How can you, as sponsor and candidate, make each other accountable?