



SESSION FOUR
Who is in control?

LESSON 10: WHY CONFESS MY SINS TO A PRIEST?

- **Remember that we rarely choose evil when we sin; they are choosing what they mistake to be good. Sin is commonly a misuse. What does this mean?**
- How is the priest like a physician in the confessional?
- What happens if you don't tell a doctor why or where you don't feel well?
- What is the differentiation between venial and mortal sins, why do you think we have this differentiation?
- Before we sin, we think that we might feel better, more comfortable about our life if we follow through with the temptation; we often don't think about or greatly underestimate the consequence to what we will do. However, how do you feel when you sin?
- Why do you think that it is an important to confess our sins in the sacrament of Reconciliation and not just to God in our heads?
 - What role does conversion play in Confession? (Consider the Prodigal Son and the moment he decides to return to his Father.) How do you feel after confession?
- What has helped you to:
 - Get past the fear of going to confession
 - Helped you to have a deep, honest confession in the past?

LESSON 11: HOW DOES GOD HELP WHEN IT HURTS?

- Why do you think God allows suffering?
- Have you ever experienced suffering? If yes, what good or growth came out of it?
- What do you think about the story of the dying woman and her daughter? Do you know anyone who has received the anointing of the sick; how did the sacrament impact the person?

LESSON 12: WHO IS THE HOLY SPIRIT?

- What is the role of the Holy Spirit in salvation history? (i.e. How is the Holy Spirit visible in the lives of Mary, Jesus, the Apostles and us?)
- What does a soul do? What does it mean that the Holy Spirit is the soul of the Church?
- Trick Question: How does one become 'holy'? (Consider this quote from Aslan "You would not have called to me if I had not been calling to you.")