



## SESSION ONE

Why are we determined to believe that  
God doesn't want us to be happy?

### LESSON 1: WHY AM I HERE?

- What struck you from the video?
- What is the difference between being rich and being happy?
- Let's say you achieve all of your goals you have for yourself, and find yourself still unhappy. What happens then? Have you ever experienced this?
- What is the relationship between our happiness and our circumstances?
- What keeps us from being happy and finding God?
- What sort of things do people say, or what sort of things have happened, that have made you doubt God or discouraged you?
- What is a mystery of God that you feel tempted to solve?
- Are there people in your life you wish you could "save"?

### LESSON 2: WHAT MAKES ME HAPPY?

Even though we are truly looking for God, deep down, we often don't see Him because we have blinders on. We don't believe He's really there.

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- What keeps us from being happy and finding God?
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- Are there people in your life you wish you could "save"?

### LESSON 3: WHAT'S YOUR STORY, GOD?

- What is love? Love is not a feeling. It is sometimes how you show respect and obedience when you have no reason to. Have you shown God that you love him, or just fear Him? When have you based your relationship with God on how you feel?
- With this definition, what does it mean to you when we tell you "God is love"?
- How would you describe the distance between you and God? For Example, if God is at the front of this room, where are you - hiding in the corner? Running to the front? Sitting in the middle row? Why?
- What do you expect Confirmation to "do"?
- Who alone can "make you care" about your faith?