



SESSION SIX

What are you committed to?

LESSON 16: WHAT IS MARRIAGE? AND LESSON 17: WHO'S CALLING?

- Fr. Mike Schmitz shares, "Since when is something worth doing, easy?"
 - What is something you have done that was not easy, but it was worth it? What does it take to maintain a commitment?
- Who loves you most in the world? Who knows you better than anyone else?
 - Do you believe God knows you, and loves you, better than these people – knows you more deeply, and loves you stronger, than you know or love yourself?
- Do you believe you can trust God?
- What does "commitment" have in common or share with "relationship"?
- When someone asks you about the priesthood, religious life, or celibacy, do you feel comfortable explaining these vocations?
- What are you doing now that is teaching you how to stay committed?
- Where do you feel pressure to be "uncommitted? Has anyone ever told you "There's more fish in the sea" or "You're young, it doesn't matter"? What sort of attitude does this promote?
- What does it feel like to be committed to something? Does it always feel "good"?

LESSON 6: ARE YOU TALKING TO ME?

- What does it take to have an ongoing relationship?
- Do you trust God with your vocation? Do you feel like God is committed to you?
- How do your friends encourage you to make choices?
- When is a time you decided to do something because it felt good/was fun/promised to give you what you want, but you were disappointed
- Do you ever feel like a disappointment to God? (You never are!) When is a time God disappointed you?
- Set a S.M.A.R.T. goal for your prayer life. Set something Specific, Measurable, Attainable, Realistic and Timely. (For example: I will spent 5 minutes a day reading scripture followed by 5 minutes in silence around 10pm every night.
 - Check in with each other at least once a week to make sure you are upholding this goal for your prayer.